

Mark Duncan
Helicopter Pilot



Date of Birth: 20 August 1975
Languages: English, Afrikaans
Nationality: South African / Portuguese
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Licences and Ratings

- Commercial Pilot (helicopter)
- Instrument Rating
- Night Rating
- Instructor (H) (Grade 3)

Type Ratings and Hours

TOTAL	PIC	Turbine	B407	B206L4
1461	1320	870	229	15

B206	EC120	RH44
550	75	388

HEMS	Shifts	Missions	Hours
→	84	16	26

Education and Qualifications

Dangerous goods by Air (2023)
Crew Resource Management (CRM) (2023)
Certified Cape Peninsula Tour Guide (2016)
BOSIET (incl HUET) (Exp Jan 2025)

Honours Degree - Business Management
(International and Project Management) 2004

Commercial Diver (Class IV)
Commercial Yachtmaster (SAS Coastal)
Divemaster (PADI #364055)

NEBOSH International Certificate (2009)
Incident Management (2009)
Safety Management Training Course (2000)
Safety Leadership (2003)
E-CHP Advanced Error Reduction Strategies (2014)
Barge Supervisor (Martin International 2007)
BCO/ MODU Stability (Martin International 2007)
STCW2010 Basic Training (Exp 2025)
STCW95 Fast Rescue Craft Coxswain (2001)
Fire Technology (1995)
Lifting Gear Examiner (2004)
Forklift Operator (2002)
Working at heights (2007)
Defensive and 4x4 Driving (2011)
Helicopter Rescue Swimmer (1996)

Career History

Consultant (www.markduncan.info)

2014 to Present

- Freelance HEMS and Charter Helicopter Pilot – NAC Helicopters, Cape Town Waterfront
- Freelance Instructor – CPUT Offshore Survival Training Centre, Cape Town
- Offshore HSE Specialist (2018 – 2020) – Consultant HSE Supervisor for Shell and Egypt Gas Joint Venture (Offshore Egypt)

Oilfield

2001 to 2014

- Worked on Offshore drilling rigs between South America, Africa, Asia and Australasia as Safety Adviser, Ballast Control Operator and Regional HSE Manager

Survival Instructor

1999 – 2001

- Offshore Survival Centre, Cape Town. Including HUET & Offshore Pilot survival training

Firefighter

1995

- Cape Town Fire and Rescue

Lifeguard

Since 1992

- including 3 seasons as WP Lifesaving Helicopter Patrol Officer

Achievements

- **Seven Continents Club** – In 2006 became the youngest South African to have run a standard marathon (42.2km) on all 7 continents
- **North Pole Marathon (2011)**
- **Global Challenge (2012)** – Run a marathon on all 7 continents and kayaked on all 5 of the world's oceans
- **Coolangatta Gold (2008)** – The Longest, Toughest, Surf Ironman Race in the World (Gold Coast, Australia)
- **PE-EL Challenge (2000)** – The Longest, Toughest, Surfski Race in the world (244km, South Africa)
- **Camel Trophy** – National Finalist 1997, Provincial Finalist 1994 and 1998

References

- Anthony Roote (NAC Waterfront, Chief Pilot) (072 651 6517)
- Stefan Fouche (Instructor) (084 672 6925)